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# Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

**Sunday, November 30, 2025**

## Unity Statements

| Statement | Symbolic Hawkins Range | Qualitative Notes |
|---|---|---|
| "We are all that is." | 900+ | Complete recognition of oneness; all separation dissolves; classic nondual realization. |
| "God is you, God is me." | 900+ | Divine presence in all; unity of self and other; egoic distinctions vanish. |
| "Action arises from Source; God's Will is this will." | 900+ | Action is not ego-driven; aligns with universal intelligence; surrender to Source; embodiment of nondual agency. |
| "Action arises for the highest good, which is God's will." | 900+ | All action serves the whole; trust in universal order; alignment with divine will; non-separation of purpose and Source. |
| "There is no 'other.' Only this one reality." | 950+ | Egoic separation completely transcended; direct awareness of the One; awareness of all as self. |
| "I am not separate from anything." | 950+ | Dissolution of self/other duality; pure presence; direct embodiment of unity. |
| "All things arise from the same Source." | 900+ | Recognition of singular origin of all phenomena; unity consciousness in perception. |
| "The self and the world are not two." | 900+ | Advaita-style realization; inner and outer merge; witnessing and witnessed are one. |
| "I am awareness, observing itself." | 900+ | Witness consciousness; nondual awareness; ego-free recognition of self as pure presence. |
| "Love and being are the same." | 900+ | Unconditional love as natural expression of unity; being and action inseparable. |

- November 30, 2025

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Light body

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**Chris Comish**

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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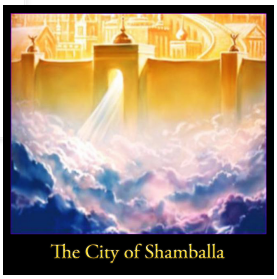


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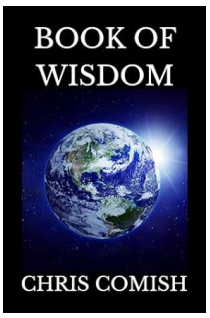


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Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)

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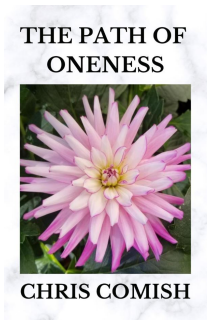


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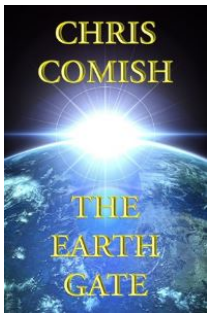


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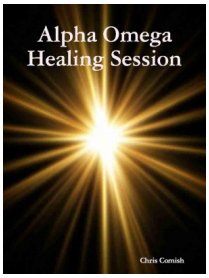


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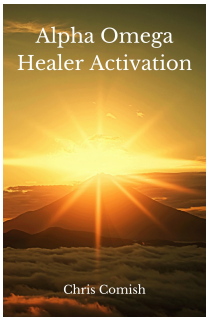


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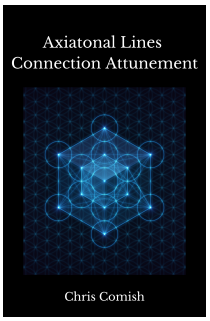


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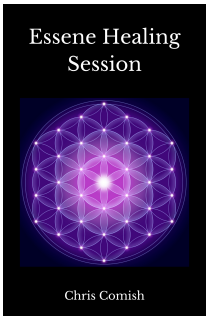


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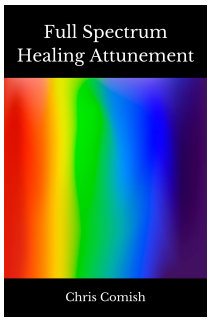


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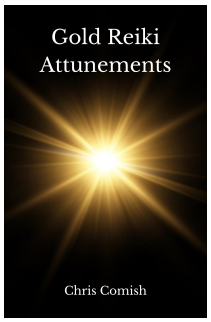


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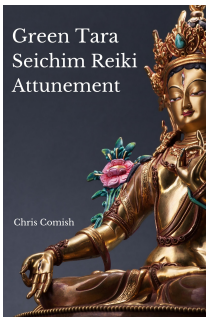


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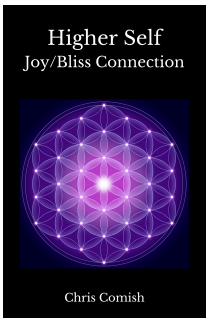


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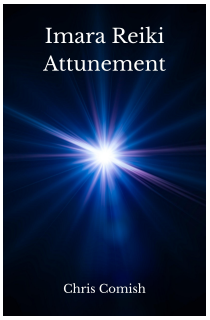


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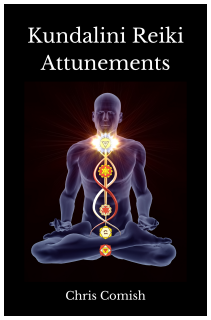


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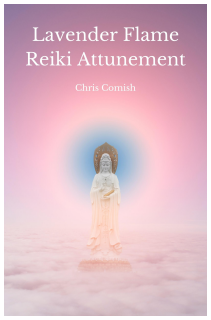


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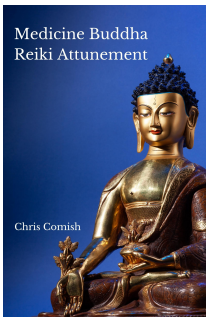


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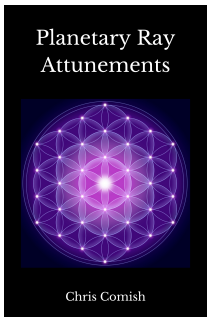


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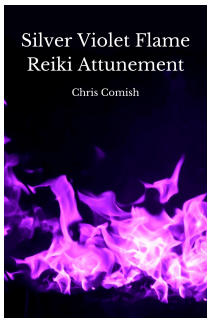


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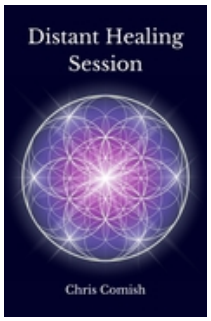


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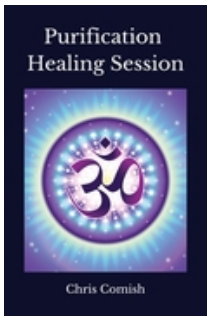


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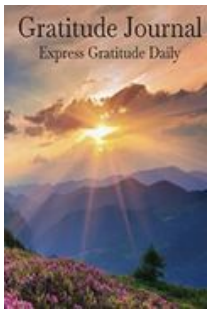


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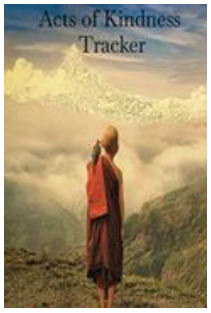


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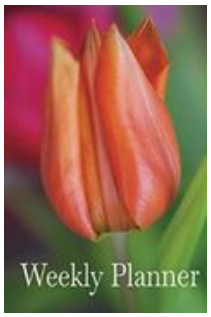


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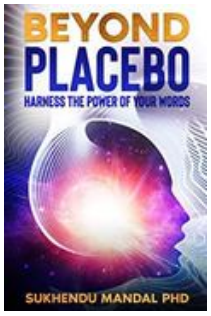


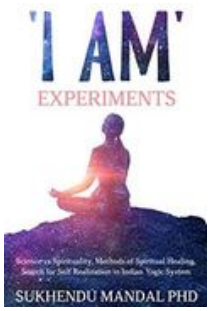


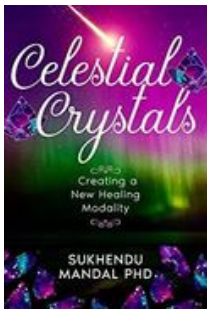


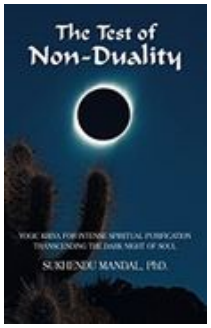


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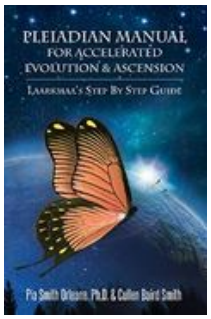

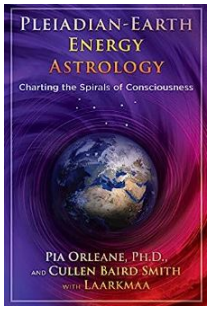
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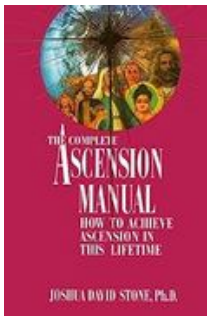
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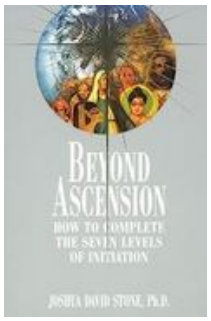
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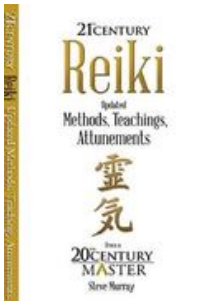
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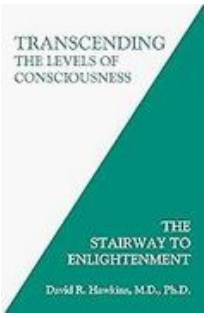
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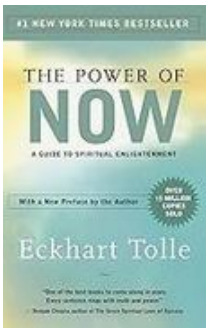
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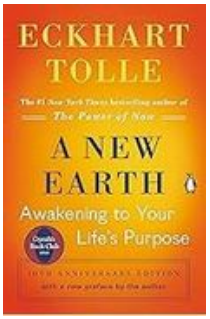
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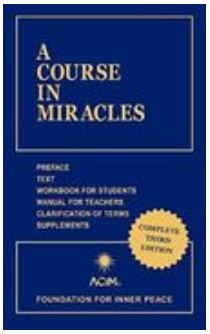
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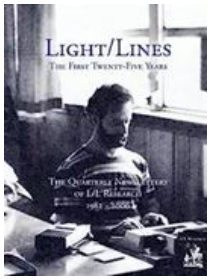
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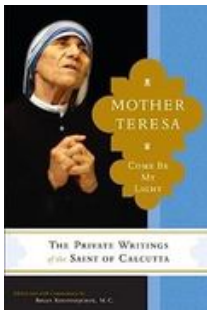
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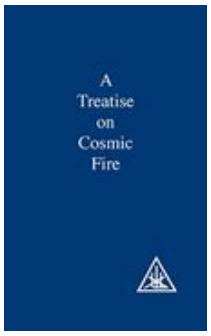
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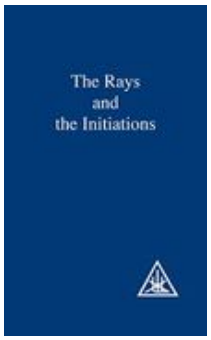
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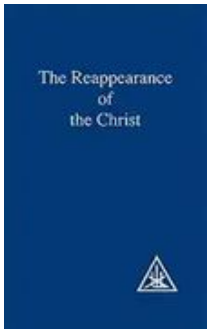
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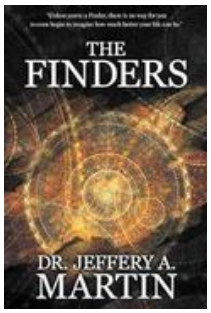
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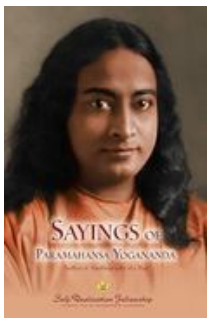
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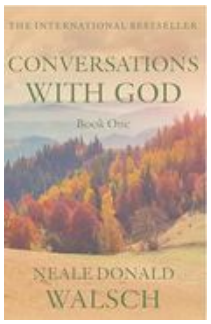
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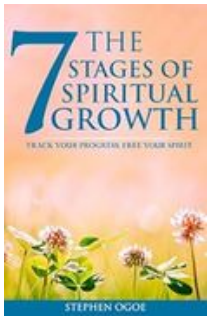
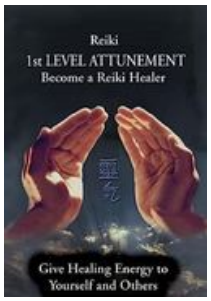
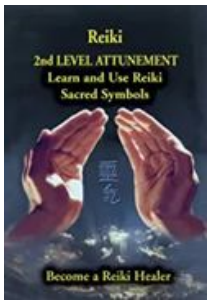
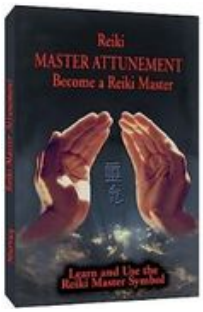
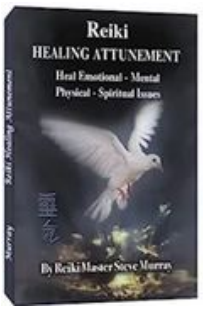



Recommended DVDs (These started Chris Comish's Reiki journey in 2006)



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- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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